

# Proclamation



## WORLD RESTART A HEART DAY

OCTOBER 16, 2025

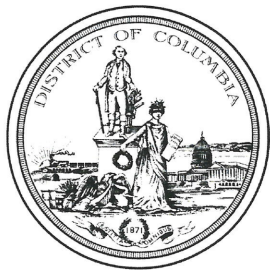
**WHEREAS**, sudden cardiac arrest (SCA) is a leading cause of death worldwide, claiming about 350,000 lives each year in our nation alone; and

**WHEREAS**, World Restart a Heart Day is global initiative aimed at raising awareness about improving SCA survival rates by encouraging individuals to learn how to perform cardiopulmonary resuscitation (CPR) and use automated external defibrillators (AEDs) during cardiac emergencies; and

**WHEREAS**, through its Hands on Heart program, the DC Fire and EMS Department has taught more than 103,000 people hands-only CPR, and DC's Automated External Defibrillator incentive program aims to close disparities in survival rates with low AED accessibility; and

**WHEREAS**, we join with organizations such as the American Heart Association in urging all District residents – young and old alike – to learn CPR, act quickly in emergencies, share their skills, and help save lives:

**NOW, THEREFORE, I, THE MAYOR OF WASHINGTON, DC, do hereby proclaim October 16, 2025, as “WORLD RESTART A HEART DAY” in Washington, DC.**



A handwritten signature in black ink, which appears to read "Muriel Bowser". The signature is written over a horizontal line.