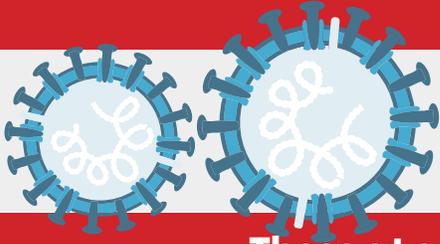


Making an impact against COVID-19

Why we're committed to fighting coronavirus



American Heart Association.



40% of people hospitalized with COVID-19 had heart disease or a stroke

Those at greatest risk of serious complications or death are:



People with **coronary heart disease** or **high blood pressure**



Stroke survivors may have a higher risk of complications



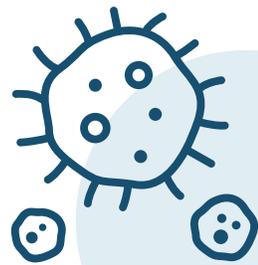
People with **diabetes**



People with **severe obesity** (BMI of 40 or higher).



People with serious **chronic lung, liver or kidney conditions**



People with **compromised immune systems**

People **age 65+**

The long-term effects of COVID-19



More people with heart disease, diabetes or high blood pressure are at risk

- Fear of going out to get treatment/calling 911
- Limited access to healthy food options, prescriptions and supplies



Increases in unhealthy stay-at-home habits

- High stress
- Eating more unhealthy meals
- Not being physically active
- Could lead to future cases of obesity, high blood pressure and diabetes



Increases the burden for those with the greatest need

- Limited income due to layoffs or furloughs
- Lack of savings
- Restricted access to public transportation
- Lack of free school meals

How we're making an impact:

Research



- We're investing **\$2.5 million** to investigate the cardiovascular implications of COVID-19
- We're helping to **accelerate antiviral drugs**
- We're **sharing our information** around the globe through our scientific journals



Meeting the needs of health care workers

- We're providing health care workers with **free ventilator training**
- We've developed a **COVID-19 data registry through Get With The Guidelines®** to better manage patients



Teaching how to safely administer CPR

- We've established **new guidelines for administering CPR**
- We recommend **extending instructor cards**



Supporting our schools and businesses

- We're helping teachers and parents **get kids moving through the virtual Kids Heart Challenge**
- We're providing resources to businesses to **help their employees stay active and healthy**

Helping those in greatest need

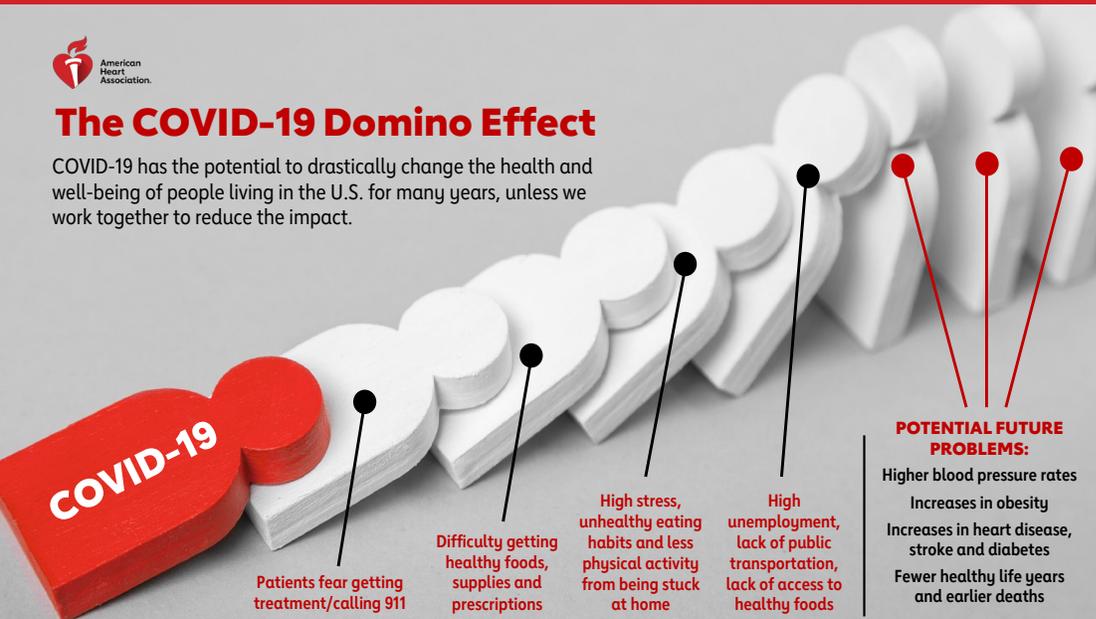
- We're championing **federal and state actions to help individuals** and patients get the resources/care they need
- We're **working with community groups to nourish families**, support physical activity and reduce the burden of chronic disease
- We're **creating and curating content for survivors**, those staying at home and those with essential jobs that are out working
- We're **utilizing our Support Network to share resources and help cope with social isolation**

Why your gift is critical now



The COVID-19 Domino Effect

COVID-19 has the potential to drastically change the health and well-being of people living in the U.S. for many years, unless we work together to reduce the impact.



WHEN YOU GIVE, you are saving and improving countless lives for years to come. Please consider making a gift today to the American Heart Association, so this important work can continue.

heart.org/donate

You can also give through your local American Heart Association office or virtual event.

Reach out to your American Heart Association contact, or call 1-800-AHA-USA1 to talk with someone about other ways to give.