



# AFib

can happen to anyone.

**What is AFib?** (or Atrial Fibrillation) AFib is a heart rhythm problem that may or may not be noticeable as a racing, pounding or fluttering sensation.

## What are the symptoms of AFib?

Common symptoms may include:



Racing heart, fluttering or palpitations



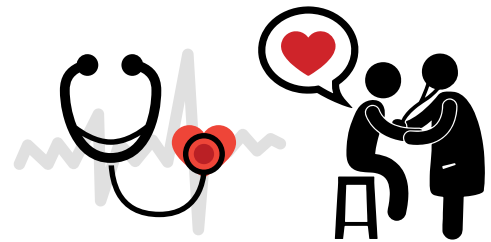
Fatigue, shortness of breath



Lightheadedness



or no noticeable symptoms at all



**Get regular check-ups.**

It's important to listen to your heart. If you think you may have AFib, talk with your doctor and find out what you can do to lower your risks for stroke.

## People with AFib are at greater risk for stroke.



AFib is linked with a

**5x**  
— HIGHER —  
**STROKE RISK**



Compared with whites – blacks are approximately one third less likely to be aware they have AFib.

## Most people with AFib benefit from stroke protection

If you have AFib, chances are you need protection.



**Medications lower risks**



Discuss your risk calculations with your health care provider.

Visit [heart.org/AFibTools](http://heart.org/AFibTools) to learn more about AFib symptoms and stroke risk.

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