



American Heart Association®
Heart Walk®

#SNEHeartWalk Virtual Starting & Finish Line Facebook Frame

Heart Disease and Stroke survivor are the heart of our Virtual Heart Walk. Let everyone know you are participating in this year's Virtual Heart Walk by adding an AHA Facebook Starting Line and/or Finish Line your Facebook profile picture.

On Sunday, May 31st change your Facebook Profile Picture when you start your healthy at home activities! Then, when you are done let your friends and family know that you crossed the virtual finish line strong!

1. Hover over your profile photo and select **"Update"**
2. Select **"Add Frame"**
3. In the search box, type in **"Southern New England & South Coast Virtual Heart Walk"**
4. Select the appropriate frame
5. Drag to reposition your profile picture if needed
6. Select Timeframe from the drop down when you want to switch back to your previous profile picture.
7. Select **"Use as Profile Picture"** to save!

